INFANT FOOD INTRODUCTION

s Name: ''s Date:	Date of Birth:			
				MANAMINI
Child is on:				
			How Often:	
Formula []	Formula Brand:		Bottle Brand:	
Whole Milk			Nipple Flow Size:	
Sippy Cup				
Open Cup				
ng solids is usually at that your child has tr	6 months of age. Foods ied at home and tolerate	should ed. Plea	be tried at home first se write the date an	st. Please check the dyour initials on the
TS	DATE & INITIALS	ME	ATS	DATE & INITIALS
Apples			Beef	
Avocados			Chicken	
Apricots			Eggs	
Bananas			Fish	
Blueberries			Pork	
Cantaloupe (Melons)			Turkey	
Kiwi		. <u> </u>	•	
Mango			Barlev	
		·	•	
		·		
Prunes			Quinoa	
Strawberries			Rice Cereal	
ETABLES		 DA	IRY	
Broccoli			Cheese	
			Cottage Cheese	
Carrots	-		•	
Cauliflower		OTI	•	
Cucumber	-			
Peas (cooked)				
Potato-White				
Sweet Potato				
Sweet Potato Spinach		·		
	Child is on: Breast Milk Formula Whole Milk Sippy Cup Open Cup ys check with your ching solids is usually at a that your child has track to each food below TS Apples Avocados Apricots Bananas Blueberries Cantaloupe (Melons) Kiwi Mango Peaches Pears Prunes Strawberries ETABLES Broccoli Beans (Green) Carrots Cauliflower Cucumber	Child is on: Breast Milk Formula Whole Milk Sippy Cup Open Cup ys check with your child's pediatrician before ng solids is usually at 6 months of age. Foods that your child has tried at home and tolerate next to each food below if your child is able to the solution of	Child is on: Breast Milk Formula Whole Milk Sippy Cup Open Cup ys check with your child's pediatrician before starting ng solids is usually at 6 months of age. Foods should at that your child has tried at home and tolerated. Plea next to each food below if your child is able to have the next to each food	Breast Milk Formula Formula Whole Milk Sippy Cup Open Cup ys check with your child's pediatrician before starting solid foods. The recong solids is usually at 6 months of age. Foods should be tried at home first at hat your child has tried at home and tolerated. Please write the date and next to each food below if your child is able to have this item at the center. TS DATE & INITIALS MEATS Apples Avocados Apricots Bananas Blueberries Cantaloupe (Melons) Kiwi GRAINS Mango Peaches Pears Prunes Strawberries ETABLES Broccoli Beans (Green) Carrots Cauliflower Cucumber

Parent / Guardian Signature:

March 2020

Date
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